

ESCOLA SUPERIOR DE CIÊNCIAS DA SANTA CASA DE MISERICORDIA
DE VITÓRIA - EMESCAM

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**CAQUEXIA NEUROPÁTICA DIABÉTICA ASSOCIADA A DOR
ABDOMINAL: RELATO DE CASO**

VITÓRIA

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Trabalho de Conclusão de Curso
apresentado à Escola Superior de Ciências
da Santa Casa de Misericórdia de Vitória –
EMESCAM, como requisito parcial para
obtenção do grau de médico.

Orientadora: Dr^a. Lívia Zardo Trindade

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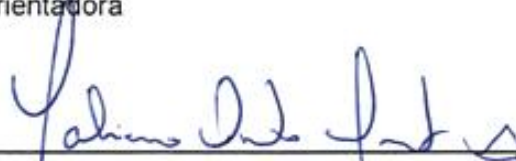
Trabalho de Conclusão de Curso apresentado ao curso de Medicina da Escola Superior de Ciências da Santa Casa de Misericórdia de Vitória – EMESCAM, como requisito parcial para obtenção do grau de médico.

Aprovado em 26 de Março de 20 15

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Dedico este trabalho aos meus pais, pelo carinho e incentivo em todos os momentos da minha vida. E a todos que participaram de alguma forma na realização e conclusão desta obra.

Fábio Favarato Scopel

Dedico este trabalho aos meus pais pela oportunidade, apoio e incentivo que me foram passados.

Luiz Carlos Barros de Castro Segundo

Agradecemos primeiramente a Deus, por iluminar nosso caminho nesta longa jornada.

À professora Dr^a. Livia Zardo Trindade pela orientação e apoio e na elaboração deste trabalho.

Ao paciente que gentilmente aceitou participar deste trabalho e cedeu o direito de utilização deste caso clínico.

A todos que de alguma forma contribuíram para realização deste trabalho.

“O homem é lobo do próprio homem”

Thomas Hobbes

RESUMO

A caquexia neuropática diabética é considerada a forma mais rara da neuropatia diabética. Descrita pela primeira vez em 1974, permitiu a identificação e diagnóstico de aproximadamente 30 pacientes até hoje. De todos os sinais e sintomas, os mais frequentes na literatura englobam a perda ponderal, dor intensa (inespecífica), índices glicêmicos razoavelmente controlados, anorexia, distúrbios emocionais, neuropatia periférica e ausência de outras complicações relacionadas à diabetes. O tratamento é principalmente de suporte e sintomático. Os antidepressivos são de grande ajuda no tratamento sintomático da neuropatia e da depressão associada à síndrome. O prognóstico geralmente é bom e os pacientes geralmente recuperam seu peso, com resolução dos sintomas sensoriais dolorosos dentro de um a dois anos, embora déficits residuais possam persistir.

Palavras-chave: caquexia neuropática diabética; dor abdominal; perda de peso.

ABSTRACT

The diabetic neuropathic cachexia is considered the rarest form of diabetic neuropathy. First described in 1974, it has allowed the identification and diagnosis in approximately 30 patients until today. From all the signs and symptoms, the most frequent in the literature include weight loss, severe pain (nonspecific), glycemic index reasonably controlled, anorexia, emotional disorders, peripheral neuropathy and no other complications related to diabetes. The treatment is mainly supportive and symptomatic. The antidepressants are helpful for symptomatic treatment of neuropathy and depression associated with the syndrome. The prognosis in general is good and patients usually recover their weight with a resolution of painful sensory symptoms within one to two years, although residual deficits may persist.

Keywords: diabetic neuropathic cachexia; abdominal pain; weight loss.

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1 CAQUEXIA NEUROPÁTICA DIABÉTICA ASSOCIADA A DOR ABDOMINAL: RELATO DE CASO

1.1 FOLHA DE ROSTO

TÍTULO COMPLETO

Caquexia neuropática diabética associada a dor abdominal: Relato de caso

Diabetic neuropathic cachexia associated with abdominal pain: Case report

TÍTULO CURTO

Caquexia neuropática diabética: Relato de caso

Diabetic neuropathic cachexia: Case report

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CONFLITO DE INTERESSE

Não houve conflito de interesse.

FINANCIAMENTO

Nada a declarar.

1.2 RESUMO

A caquexia neuropática diabética é considerada a forma mais rara da neuropatia diabética. Descrita pela primeira vez em 1974, permitiu a identificação e diagnóstico de aproximadamente 30 pacientes até hoje. De todos os sinais e sintomas, os mais frequentes na literatura englobam a perda ponderal, dor intensa (inespecífica), índices glicêmicos razoavelmente controlados, anorexia, distúrbios emocionais, neuropatia periférica e ausência de outras complicações relacionadas à diabetes. O tratamento é principalmente de suporte e sintomático. Os antidepressivos são de grande ajuda no tratamento sintomático da neuropatia e da depressão associada à síndrome. O prognóstico geralmente é bom e os pacientes geralmente recuperam seu peso, com resolução dos sintomas sensoriais dolorosos dentro de um a dois anos, embora déficits residuais possam persistir.

Palavras-chave: caquexia neuropática diabética; dor abdominal; perda de peso.

1.3 ABSTRACT

The diabetic neuropathic cachexia is considered the rarest form of diabetic neuropathy. First described in 1974, it has allowed the identification and diagnosis in approximately 30 patients until today. From all the signs and symptoms, the most frequent in the literature include weight loss, severe pain (nonspecific), glycemic index reasonably controlled, anorexia, emotional disorders, peripheral neuropathy and no other complications related to diabetes. The treatment is mainly supportive and symptomatic. The antidepressants are helpful for symptomatic treatment of neuropathy and depression associated with the syndrome. The prognosis in general is good and patients usually recover their weight with a resolution of painful sensory symptoms within one to two years, although residual deficits may persist.

Keywords: diabetic neuropathic cachexia; abdominal pain; weight loss.

1.4 INTRODUÇÃO

Caquexia neuropática diabética (CND) é considerada a forma mais rara da neuropatia diabética [1]. Essa enfermidade é descrita como uma síndrome, pois apresenta um conjunto de sinais e sintomas em que os pacientes podem ter diferentes apresentações clínicas, algumas comuns e outras nem tanto. A principal característica dessa doença é a extrema perda de peso associada a dor neuropática.

Em 1974 Ellenberg descreveu a CND pela primeira vez, permitindo assim a identificação e diagnóstico de aproximadamente 30 pacientes até hoje [2]. A inconstância e a variabilidade dos sintomas torna essa doença de difícil diagnóstico a qual pode ser muitas das vezes sub diagnosticada em doentes graves [3].

Este trabalho se propõe a relatar o caso de um homem de 50 anos de idade, com caquexia neuropática diabética associada a dor abdominal recorrente. E através desse alertar a importância do diagnóstico e tratamento precoces com o objetivo de evitar o impacto iatrogênico de tratamentos específicos sobre morbidades existentes ou até mesmo inexistentes.

1.5 RELATO DE CASO

Paciente de 50 anos de idade, sexo masculino, branco, casado, pedreiro. Possuía histórico de diabetes mellitus tipo 2, diagnosticada há 5 anos, em tratamento irregular com hipoglicemiantes orais (metformina e glibenclamida) a pouco menos de 2 anos. Apresentava quadro de emagrecimento importante, cerca de 30 kg de peso em oito meses, associado a dor abdominal no mesmo período, porém com piora nos últimos três meses. Inicialmente esta dor era em andar superior do abdome, pós-prandial, de leve intensidade, progressiva, sem irradiação, que melhorava com analgésicos (Codeína 30mg de 12 em 12 horas e Hioscina 10mg de 4 em 4 horas). A dor evoluiu com extensão para todo abdome com irradiação para região lombar, contínua, de moderada a forte intensidade, sem relação com alimentação, sem melhora com analgésicos, que se intensificava com a manipulação e atividade física cotidiana. Além disso, apresentava constipação, com 2 evacuações por semana de consistência firme, sem muco, pus, sangue ou gordura. Possuía histórico de etilismo de 40g de álcool por dia durante 30 anos, negava tabagismo e uso de drogas ilícitas. Não apresentava febre, diarreia, náuseas, vômitos, disfagia, odinofagia, sudorese, palidez ou mal estar. Diante de tais sinais e sintomas o paciente procurou o ambulatório de Gastroenterologia do Hospital da Santa Casa de Misericórdia de Vitória (HSCMV), onde foi atendido e internado no dia 23/05/2014 na enfermaria Santa Luíza para investigação da dor abdominal.

Ao exame físico de admissão o paciente apresentava-se em regular estado geral, lúcido, orientado, hidratado, caquético, marcha atípica, equilíbrio estático e dinâmico preservados, coordenação motora sem alterações, peso de 52 kg,

1,75m de altura, IMC de 16,97, frequência cardíaca normal, pressão arterial e frequência respiratórias normais. Abdome escavado, ruídos hidroaéreos presentes, doloroso a palpação profunda de hipogástrio, ausência de visceromegalias.

O paciente ficou internado por 40 dias, período no qual realizou uma extensa propedêutica investigativa com realização de exames laboratoriais, exames de imagem e procedimentos diagnósticos invasivos.

Na investigação laboratorial, a glicose apresentava discreta alteração, porém as demais exames como hemograma, ionograma, função renal e função tireoideana não apresentaram nenhuma alteração. Dosagem de Peptídeo C, insulina, amilase, lipase, transaminases, fosfatase alcalina, gama gt, proteína C reativa, lactato, desidrogenase láctea se apresentaram normais. Sorologias para Hepatite B, Hepatite C, Sífilis, HIV e teste para tuberculose também foram avaliados, sendo também normais, assim como as radiografias de tórax e abdome.

Na avaliação complementar, a endoscopia digestiva alta (EDA) evidenciou restos alimentares sugerindo gastroparesia, além de esofagite não erosiva com moderada gastrite enantematosa do antro. A colonoscopia foi normal. Na angiotomografia de abdome total, apresentava discreta falha de enchimento em ramo cólico esquerdo da artéria mesentérica superior. A arteriografia não evidenciou alterações em vaso abdominais. Na tomografia computadorizada de abdome total apresentava uma discreta redução do volume pancreático (corpo e cauda) com densidade heterogênia na cabeça do pâncreas, imagem nodular na glandula adrenal esquerda (adenoma) e cisto em polo superior de rim esquerdo.

Diante da dúvida diagnóstica, e com a persistência das dores abdominais, o paciente foi submetido a uma videolaparoscopia exploradora, onde não foram evidenciados ascite e/ou massa tumorais visíveis e/ou implantes tumorais em peritônio parietal, e as alças de intestino delgado e cólon eram eutróficas, de coloração atípica, com ausência de sinais macroscópicos de hipoperfusão sanguínea intestinal. Durante o procedimento foi realizado biópsia hepática, cujo laudo foi de alterações reativas leve do fígado com fibrose e ectasia ductal capsular focal.

Para tratamento da dor foram administrados tramadol (até 50mg VO de 6/6 horas) e morfina (2mg IV) de resgate caso dor refratária. Houve necessidade do uso rotineiro de morfina sem melhora do quadro, somado a episódios repetidos de insônia.

Como na tomografia de abdome havia alterações sugestivas de pancreatite crônica foi iniciado o tratamento empírico com enzimas pancreáticas, porém o mesmo não apresentou resultado clínico.

Diante da extensa investigação diagnóstica, e sem dados que evidenciassem tumor, doença infecciosa, endócrina ou digestiva, aventou-se a hipótese de dor associada a uma caquexia neuropática diabética. Dessa forma, o paciente foi medicado com amitriptilina 25 mg/dia, com melhora gradativa da dor a medida que a medicação era ajustada para 75mg/dia, com redução também gradativa nas doses de morfina até sua suspensão, quando o paciente apresentou remissão completa da dor e da insônia.

Após a melhora da dor com o tratamento medicamentoso o paciente recebeu alta hospitalar com prescrição de 75mg de amitriptilina ao dia e insulina NPH 16 UI/dia (NPH de 10 UI / às 8 horas e 6 UI / às 18 horas). A partir de então

paciente foi orientado a fazer acompanhamento regular nos ambulatórios de Gastroenterologia e de Endocrinologia do Hospital Da Santa Casa de Misericórdia de Vitória.

Em consultas periódicas nos ambulatórios de Gastroenterologia e Endocrinologia, o paciente apresentou ganho ponderal importante de 25kg recuperando paulatinamente a massa corporal de origem, e realizou exames complementares de seguimento. Entre eles: a) uma eletroneuromiografia, onde os dados eletromiográficos e eletroneurográficos evidenciavam sinais de um processo neuropático sensitivo motor, crônico acometendo os MMII e MMSS de características axonais e mielínicas e comprometimento de intensidade moderada, revelando quadro de polineuropatia sensitivo motora crônica axonal e mielínica de intensidade moderada de predomínio sensitivo e nos MMII; b) um ecocardiograma, apresentando uma disfunção diastólica grau I e ectasia discreta do seio aórtico; c) um Raio X de tórax com pequeno nódulo de aspecto residual no terço superior do pulmão esquerdo e o restante sem alterações.

Durante as consultas de seguimento, o paciente não apresentou alterações em exames de hemograma, plaquetas, leucócitos, urina, exame parasitológico, proteínas totais, enzimas hepática, provas de função renal e tireoidiana, ionograma e sorologias para HIV, hepatite B e C e sífilis. Os controles de glicose de jejum ficaram em torno de 170mg/dL, de glicose pós-prandial em torno de 194mg/dL, a hemoglobina glicada de 7,6mg/dL e o LDL por volta de 120mg/dL.

Durante os seis meses iniciais de acompanhamento foram realizadas fotografias do paciente para comparação de ganho ponderal (Fig.1), sendo que na última consulta o mesmo apresentava 77kg (27 kg a mais desde o início do

tratamento). Nesta última consulta, fazia uso contínuo de omeprazol 20mg pela manhã, insulina NPH 15U pela manhã e 6U a noite, sinvastatina 20mg/dia e amitriptilina 75mg/dia.

Apesar da melhora da dor abdominal, o paciente ainda relatava diminuição de força muscular em membros, principalmente em membros inferiores, além de parestesia importante em toda região de abdome.

1.6 DISCUSSÃO

A caquexia neuropática diabética é uma doença extremamente rara, sendo relatados em torno de 35 casos no mundo desde que foi descrita pela primeira vez em 1974 por Ellenbeg. Nos casos descritos, as dores neuropáticas e a perda ponderal importante são descritos como os principais sintomas relatados [3].

Nos casos descritos na literatura, o diagnóstico de diabetes mellitus estava presente nos pacientes antes da internação, entretanto muitos realizavam tratamento e acompanhamento inadequado. Os pacientes descritos eram predominantemente de meia-idade, do sexo masculino, com diabetes do tipo 2, em uso de hipoglicemiantes orais [1,4-8]. Essas características também foram encontradas no paciente deste relato, sendo um homem de 50 anos, com diabetes tipo 2, em uso irregular de hipoglicemiantes orais.

No paciente em questão, obteve-se grande dificuldade para inserir e nos orientar nas hipóteses diagnósticas de uma possível complicação da diabetes: a neuropatia diabética. Uma vez que o paciente mesmo apresentando história de diabetes, porém sem orientação e medicação para a mesma, possuía um quadro clínico variado, com padrão de dor atípico, sendo sua principal sintomatologia a dor abdominal de forte intensidade.

A etiologia da caquexia neuropática diabética ainda permanece obscura. O catabolismo proteico exagerado devido ao pobre controle da glicemia pode ser uma das possíveis causas. Além disso, a eventual resolução dos sintomas com concomitante ganho de peso sugere um processo essencialmente metabólico [3,9-10].

Um fator complicador para a avaliação diagnóstica do paciente foi o fato dos exames laboratoriais apresentarem níveis glicêmicos acima do limite permitido, porém não o bastante para caracterizar qualquer possível complicação associada ao diabetes. Esse dado torna-se importante, pois correlaciona-se com os casos relatados na literatura com CND, onde a alteração da glicemia geralmente é leve, sendo na maioria das vezes controlada, pelo menos inicialmente, com dieta e hipoglicemiantes orais. Contudo, em alguns desses pacientes, o diabetes não consegue ser suficientemente controlado com agentes orais, sendo necessário o uso de insulina [1-2,8]. No caso relatado, a administração de insulina foi necessária a medida que o quadro de dor abdominal foi resolvendo-se e o paciente começou a ganhar peso.

Na internação hospitalar do paciente relatado, o mesmo tem como queixa principal as dores difusas em região abdominal e o emagrecimento importante de 30% de peso corporal. Tendo em vista que os sinais e sintomas de CND podem levar a uma hipótese diagnóstica de câncer oculto, as causas de perda de peso devem ser cuidadosamente investigadas, e uma terapia adequada deve ser fornecida em um tempo hábil [2,4,11]. Diante de um quadro de importante perda ponderal, de acordo com a literatura, é comum pensar-se em uma neuropatia carcinomatosa, o que foi descartado em propedêutica adequada, após a laparoscopia exploradora.

Ainda durante a investigação para a dor abdominal do paciente foi descartado o diagnóstico de síndrome da artéria mesentérica superior, pancreatite crônica e angina mesentérica após a realização de tomografia e angiografia de abdome.

Neste caso, nos deparamos com a dificuldade no diagnóstico pois o paciente apresentava dor abdominal difusa, fato que não é comumente relatado na literatura. De acordo com os estudos, as dores na CND caracteriza-se também como dor em queimação, porém com características diferentes da citada, onde o sintoma é mais predominante em região de tronco e em região proximal dos membros [1,12].

Baseado em exames iniciais de imagem, como na tomografia, e associado com a clínica de dor abdominal de forte intensidade e história de etilismo crônico, o diagnóstico de pancreatite crônica foi descartado após a introdução de enzimas pancreáticas sem melhora do quadro. Apesar desses resultados, tal ponto é de fundamental importância para gerar suposições a respeito da CND. De acordo com um estudo [13], uma série de indivíduos apresentou uma síndrome de má absorção e/ou alterações dos hábitos intestinais associada a má absorção de gordura, sendo essa característica associada a uma insuficiência pancreática, porém com mecanismos disabsortivos, não sendo muito claros, apenas pela insuficiência pancreática apresentada.

Ao excluir a pancreatite crônica como uma das causas da dor abdominal, foram solicitados exames mais específicos para a investigações de lesões em região da arterial intestinal e de possíveis alterações que pudessem mostrar qualquer alteração do trato gastrointestinal. Nesse sentido, uma angiotomografia computadorizada de abdome total e uma arteriografia dos vasos abdominais, que evidenciou discreta falha de enchimento cólico esquerdo, foram suficientes para descartar tais hipóteses já que esses exames seriam favoráveis para um possível diagnóstico de oclusão arterial como causa da dor abdominal.

Na endoscopia digestiva alta, o resultado nos mostrou um dado importante que pode ser correlacionado com os relatos dos artigos publicados sobre a CND, onde a gastroparesia grave, documentada em alguns pacientes, pode ser um fator contributivo para perda de peso e é evidenciada em pacientes que possuem diabetes porém com glicemia não controlada [3,9-10]. A colonoscopia não apresentou dados que nos ajudasse a concluir algum diagnóstico, mas foi importante na exclusão de neoplasia do intestino grosso.

O fato da dor abdominal relatada pelo paciente ser refratária ao tratamento medicamentoso com analgésicos potentes e opióides, condiz com os relatos citados na literatura em que os analgésicos opióides raramente têm benefício no tratamento da neuropatia dolorosa e, apesar de sua ampla utilização, devem ser evitadas devido ao risco de dependência [1].

Na maioria dos casos descritos, os distúrbios emocionais são graves e proeminentes. Eles, invariavelmente caminham para a depressão aguda com crises de choro, insônia, ansiedade e com marcante anorexia, sendo por isso outro fator importante para a perda de peso. A depressão parece ser uma parte integrante da síndrome como um sintoma, em vez de um fator causal independente, e sua explicação não é clara [3,6,8,11]. Dentre os sintomas acima, nosso paciente, apresentou pequenos sintomas depressivos, não evoluindo para forma grave, porém contribuindo significativamente para a hiporexia e a perda de peso do paciente.

Schipper e Poleski [12] descreveram que as dores que se restringem aos dermatomos torácicos mais baixos e lombares superiores geralmente sugerem doença visceral do abdômen. A dor atinge o auge de intensidade dentro de alguns dias do início, mas pode piorar ao longo de semanas ou meses antes

de um platô ser atingido. Raramente, a dor pode ser tão grave a ponto de sugerir a presença de abdômen agudo. Porém, quando há associação da hiporexia, perda de peso e neuropatia autonômica, como no paciente que descrevemos, não se pode descartar o diagnóstico de neuropatia autonômica. Anorexia e perda de peso acentuada frequentemente acompanham radiculopatia diabética.

Após toda a propedêutica realizada, a hipótese de CND foi aventada e o tratamento empírico da patologia foi iniciado, como nos relatos citados na literatura.

As opções de tratamento são limitadas e geralmente ineficazes em alguns pacientes, embora Gade et al. relatem uma resposta benéfica para a terapia de combinação com amitriptilina e flufenazina. Apesar disso, o prognóstico geralmente é bom e os pacientes geralmente recuperam seu peso, com resolução dos sintomas sensoriais dolorosos dentro de um a dois anos, embora déficits residuais possam persistir [1,7,10-11,14]. Com a introdução da amitriptilina no paciente do caso atual, na dose de 75mg/dia, o mesmo apresentou melhora importante da dor, podendo o tratamento ser realizado em domicílio.

De acordo com a literatura, um dos pontos principais do tratamento é o controle rigoroso da glicemia, o qual foi iniciado o uso de insulina regular.

O seguimento do paciente do caso foi realizado em consultas regulares a cada 2 meses até completar 6 meses. Durante esse período, foram realizadas consultas nos ambulatórios de gastroenterologia, para análise do peso e controle da dor abdominal, e no ambulatório de endocrinologia do HSCMV para o controle do diabetes.

Em todas as consultas, o paciente realizou exames de rotina, com enfoque para controle da diabetes, sendo este de difícil controle, principalmente pela rápida recuperação do peso. Um dos exames relatados na literatura, e também mais sensível para neuropatia diabética, seria a biópsia neural e muscular, em que demonstra atrofia neurogênica do músculo, com acentuado envolvimento das fibras mielínicas grandes e pequenas, com degeneração axonal [3,9-10,15-16]. Porém no paciente em estudo, optou-se pela realização de uma eletroneuromiografia que também pode ser usado para descrever possíveis lesões da complicação da diabetes [1]. O resultado desse exame foi a presença da polineuropatia sensitiva motora crônica axonal e mielínica de intensidade moderada de predomínio sensitivo e nos membros inferiores.

Com o seguimento adequado, observou-se a recuperação do peso, com ganho ponderal de cerca de 25kg, bem como grande melhora do estado geral, diminuição da dor abdominal, sono reparador, e melhora dos sintomas depressivos. Nos casos descritos, o controle do peso é adquirido com até 2 anos após o controle dos sintomas, entretanto em nosso paciente, o retorno ao peso habitual foi atingido em 6 meses, porém ainda apresentava desconforto abdominal e dores neuropáticas em membros inferiores, fatos esses que esperamos que regridam com a evolução do tratamento ao longo do tempo [1,7,10-11,14].

1.7 CONCLUSÃO

Por tratar-se de uma das apresentações mais raras de neuropatia diabética, a dor abdominal nem sempre é lembrada como causa de CND, por isso ainda há grandes desafios no que diz respeito ao diagnóstico adequado e o tratamento específico. A falta de diagnóstico precoce da caquexia neuropática diabética pode levar a um impacto iatrogênico de tratamentos específicos sobre morbididades existentes ou até mesmo inexistentes.

O relato deste caso visa divulgar essa entidade em meios científicos para maior conhecimento, por parte das equipes médicas, a respeito dessa doença, bem como, estimular a investigação de caquexia neuropática diabética como diagnóstico diferencial em pacientes com história de perda de peso importante associada a dor abdominal.

1.8 AGRADECIMENTOS

A Madson Macêdo Souza e Fernanda Lübe Antunes por nos auxiliarem durante o seguimento do paciente.

1.9 REFERÊNCIAS

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1.10 FIGURAS

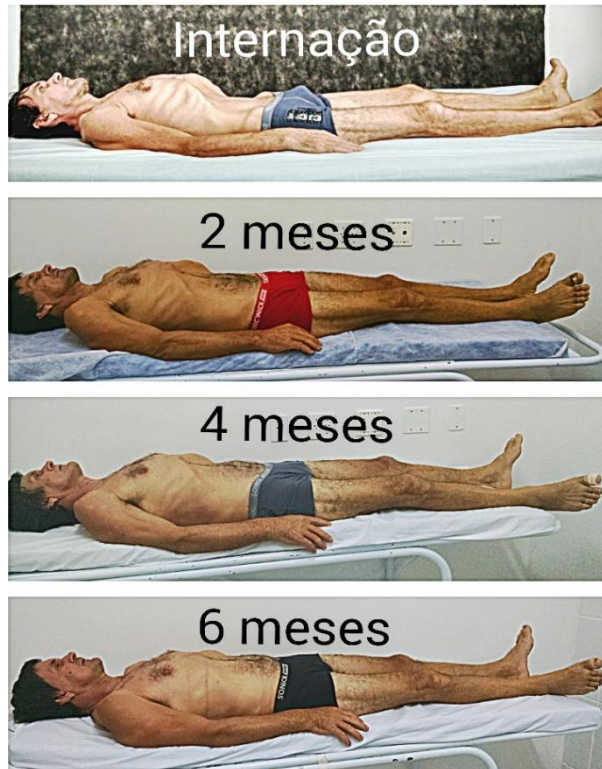


Fig.1 - Evolução do paciente da internação aos seis meses de seguimento.

2 TERMO DE CONSENTIMENTO LIVRE E ESCLARECIDO

TERMO DE CONSENTIMENTO LIVRE E ESCLARECIDO

Prezado paciente,

O senhor está sendo convidado a participar de um Relato de Caso. Por favor, leia este documento com bastante atenção antes de assiná-lo. Caso haja alguma palavra ou frase que o senhor não consiga entender, converse com o pesquisador responsável pelo estudo ou com um membro da equipe desta pesquisa para esclarecê-los.

O objetivo deste estudo é relatar o caso de um paciente com o diagnóstico de caquexia diabética neuropática associada a dor abdominal, para apresentação e divulgação de conhecimento científico aos profissionais da área e demais interessados.

Este estudo será realizado no Ambulatório de Gastroenterologia do Hospital Santa Casa de Misericórdia de Vitória (HSCMV) sob supervisão dos pesquisadores. O senhor foi escolhido para participar porque a Caquexia Diabética Neuropática é rara, com poucos casos relatados na literatura. Após entender e concordar em participar haverá acesso aos dados do seu prontuário, onde exames laboratoriais e de imagem assim como a história clínica serão analisados.

Não há benefício direto para o participante deste estudo. Porém contribuirá na melhoria do atendimento e aprendizado médico. A não aceitação deste termo não irá influenciar na conduta do seu tratamento nem no seu relacionamento com a equipe médica. Os resultados desta pesquisa poderão ser apresentados em reuniões e/ou publicações, contudo, sua identidade não será revelada durante essas apresentações.

Caso você tenha alguma dúvida relacionada ao estudo, poderá entrar em contato com a Pesquisadora responsável, Dra. Livia Zardo Trindade, (Tel. 27 3212 7200) ou com os acadêmicos Fábio Favarato Scopel (Tel. 27 999742108), Fernanda Lübe Antunes Pereira (Tel. 27 992788286), Luiz Carlos Barros de Castro Segundo (Tel. 27 999530202) ou Madson Macêdo Souza (Tel. 27 998716706).

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Após ter lido este documento, eu _____,
RG nº: _____ / CPF nº: _____, declaro que entendi todas as informações fornecidas sobre a minha participação na pesquisa, e concordo em participar de forma voluntária.

Autorizo, também, a divulgação dos dados obtidos pela pesquisa para fins científicos, desde que respeitada a privacidade dos dados individuais.

Vitória, ____ de _____ 2014.

Assinatura do paciente ou responsável _____

Documento de identidade nº _____

Assinatura do pesquisador responsável _____

Documento de identidade nº _____

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PARECER CONSUBSTANCIADO DO CEP

DADOS DO PROJETO DE PESQUISA

Título da Pesquisa: Caquexia Neuropática Diabética associada a dor abdominal recorrente - Relato de Caso

Pesquisador: Livia Zardo Trindade

Área Temática:

Versão: 1

CAAE: 36785714.0.0000.5065

Instituição Proponente: Escola Superior de Ciências da Santa Casa de Misericórdia de Vitória -

Patrocinador Principal: Financiamento Próprio

DADOS DO PARECER

Número do Parecer: 848.209

Data da Relatoria: 27/10/2014

Apresentação do Projeto:

O presente projeto de pesquisa consiste no relato de caso de um paciente com caquexia neuropática diabética associada a dor abdominal recorrente que esteve internado na Santa Casa e permanece em acompanhamento no ambulatório de gastroenterologia da Santa Casa.

O projeto se justifica pois a caquexia neuropática diabética é considerada a forma mais rara da neuropatia diabética. De todos os sinais e sintomas, os mais encontrados na literatura englobam a perda ponderal, dor intensa (inespecífica), índices glicêmicos razoavelmente controlados, anorexia, distúrbios emocionais, neuropatia periférica e ausência de outras complicações relacionadas à diabetes.

Objetivo da Pesquisa:


Objetivo primário:

- Relatar o caso de um paciente do Hospital Santa Casa de Misericórdia de Vitória (HSCMV) com o diagnóstico de Caquexia Neuropática Diabética.

Objetivo secundário:

- Alertar sobre a importância do diagnóstico e tratamento precoces com o objetivo de amenizar a evolução natural da doença e suas complicações

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Continuação do Parecer: 848.209

- Fomentar a discussão e a investigação de casos de caquexia neuropática diabética na comunidade Científica.

Avaliação dos Riscos e Benefícios:

Estudo retrospectivo que tem como base a análise de dados de prontuários, não haverá portanto interferência na conduta instituída pelo médico assistente. Os pesquisadores garantem manter a guarda adequada das informações e o anonimato do paciente.

O benefício será ampliar o conhecimento dos profissionais de saúde sobre as manifestações clínicas, possibilidades diagnósticas e tratamentos mais recomendados para os pacientes com caquexia neuropática diabética.

Comentários e Considerações sobre a Pesquisa:

Projeto com relevância científica uma vez que se propõe a relatar um caso de uma apresentação pouco usual da neuropatia diabética.

Considerações sobre os Termos de apresentação obrigatória:

apresenta folha de rosto assinada pelo coordenador de pesquisa e pós graduação da EMESCAM e carta de anuência autorizado a consulta de prontuários assinada pela diretora técnica da Santa Casa.

Apresenta TCLE em linguagem adequada.

Recomendações:

aprovar

Conclusões ou Pendências e Lista de Inadequações:

aprovar

Situação do Parecer:

Aprovado

Necessita Apreciação da CONEP:

Não

Considerações Finais a critério do CEP:

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- ao final de cada semestre e ao término do projeto deverá ser enviado relatório ao CEP por meio

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Continuação do Parecer: 848.209

de notificação via Plataforma Brasil;

- mudanças metodológicas durante o desenvolvimento do projeto deverão ser comunicadas ao CEP por meio de emenda via Plataforma Brasil.

VITORIA, 28 de Outubro de 2014

Assinado por:
PATRICIA CASAGRANDE DIAS DE ALMEIDA
(Coordenador)

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Are you the corresponding Author?
 Yes
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Delayed hypersensitivity reaction after initial dose of infliximab: a case report

Anna Krajcovicova, Tibor Hlavaty, Zuzana Zelinkova, Juraj Letkovsky and Martin Huorka

We report here an unusual case of delayed hypersensitivity reaction in a young woman with ulcerative colitis after the first administration of infliximab (IFX). The patient developed severe serum-sickness-like reaction, and her anti-IFX antibody titer increased rapidly after a single infusion of IFX. The possible reason for the delayed hypersensitivity reaction to a single IFX exposure might be the presensitization of the patient by murine antigens as she had been keeping mice and hamsters as pets for several years. *Eur J Gastroenterol Hepatol* 26:485–487 © 2014 Wolters Kluwer Health | Lippincott Williams & Wilkins.

European Journal of Gastroenterology & Hepatology 2014, 26:485–487

Keywords: delayed hypersensitivity reaction, infliximab, ulcerative colitis

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Received 29 October 2013 Accepted 8 January 2014

Introduction

Infliximab (IFX) is a chimeric murine–human IgG1 monoclonal antibody against tumor necrosis factor- α composed of human constant and murine variable regions. It represents a valuable drug in the treatment of a variety of immune-mediated diseases including inflammatory bowel disease (IBD). As a foreign protein, it has the potential to cause acute and delayed hypersensitivity reactions. We report here a case of unusual delayed hypersensitivity reaction after IFX initialization in a 20-year-old female patient with ulcerative colitis.

Case report

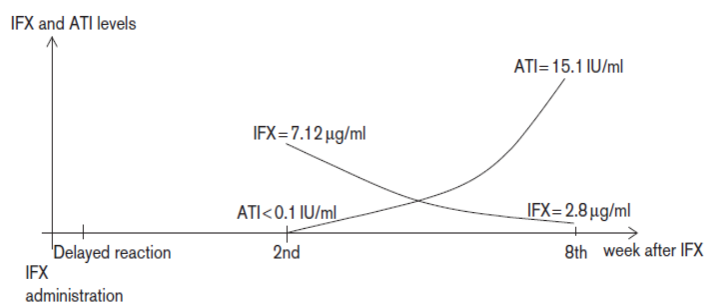
A 20-year-old nonsmoking woman with steroid-dependent ulcerative pancolitis since 2001 presented at the IBD Centre of the Department of Internal Medicine, Division of Gastroenterology and Hepatology, University Hospital Bratislava. Her history revealed primary sclerosing cholangitis and seasonal allergic rhinoconjunctivitis. She did not tolerate the treatment with 5-aminosalicylates because of nausea and vomiting and developed acute pancreatitis to immune-suppressive treatment with azathioprine and cyclosporine. Because of steroid-dependent colitis, treatment with IFX was initiated. She was premedicated with 200 mg hydrocortisone and received her first IFX infusion at a dose of 5 mg/kg without acute complications. However, she was seen at the Emergency Unit 3 days later with a report of shivering, heart palpitations, nausea, vomiting, flu-like symptoms, rhinitis, and general weakness. She had no fever, headache, cough, or rash. Physical examination revealed pain in the left hypogastrium and right hemithorax. Blood tests showed modest leukocytosis ($10.6 \times 10^9/l$), neutrophilia ($8.3 \times 10^9/l$), elevated platelet count ($565 \times 10^9/l$), and relative lymphocytopenia (10.5%). Electrolytes, liver and renal function tests, amylase,

myocardial-specific markers, C-reactive protein, and hemostatic parameters were all within the normal range. Her ECG at the time of examination and the chest radiograph were unremarkable. After a few hours of monitoring, her symptoms resolved and she was discharged. Over the next 2 days, she experienced several flares of shivering lasting a few minutes that disappeared spontaneously. Ten days later, she presented at the outpatient clinic in perfect health without any complaints. On further interrogation, she mentioned that she was keeping mice and hamsters as domestic pets and suffered bites and scratches from these animals at least once a month. Two weeks after the administration of IFX, anti-IFX antibodies (ATI) of the IgG group were assessed by Q-INFLIXI ELISA Quantitative Analyses (Matriks Biotek, Ankara, Turkey) and their levels were below the detection limit, whereas the levels of IFX were at a therapeutic concentration of 7.1 $\mu\text{g/ml}$. Four weeks later the level of IFX had decreased to 2.8 $\mu\text{g/ml}$ with ATI increasing to 15.2 IU/ml. Because of continuous disease activity, treatment with adalimumab was initiated. The patient did not respond to adalimumab and therefore was continued on low-dose corticosteroids.

Discussion

IFX therapy has proven its efficacy in the treatment of Crohn's disease and ulcerative colitis [1–3]. To date, several large series assessing the long-term safety profile of IFX in clinical practice have reported its overall good tolerance [4–7], but hypersensitivity reactions occur in 3–13% of patients [4,6,8,9]. Infusion reactions that occur within the first 24 h are classified as acute anaphylactoid-like reactions and have also been described during or after the first administration. It is assumed that these reactions are mostly non-IgE-mediated and are a result of direct degranulation and activation of mast cells [10,11]. There

Fig. 1



Course of first infliximab (IFX) administration and associated delayed reaction with development of antibodies to infliximab (ATI).

are case reports of anaphylactic reactions of type I hypersensitivity caused by release of histamine and other cytokines from mast cells mediated by IgE [12–14].

In contrast, delayed reactions occur 24 h to 14 days after an infusion and imitate serum sickness, a type III hypersensitivity reaction [15]. These tend to be associated with episodic therapy that predisposes to the development of antibodies to IFX (ATI) [11] and are generally reported only after repetitive treatment with IFX. So far, there has been only one case of delayed hypersensitivity reaction occurring after the first IFX infusion [16]. The pathogenesis of these delayed reactions is not fully understood, but the development of antibodies to the murine component of IFX seems to play a role. Several groups have shown that the development of antibodies to IFX correlates with increased risk of delayed hypersensitivity infusion reactions, as well as decreased drug concentration and clinical response [9,17–19]. However, the kinetics of ATI development are unexplored as trials are mainly focused on the clinical implications of antibodies to IFX.

Nonetheless, it has been shown that sera from healthy controls contain anti-animal antibodies that can arise from iatrogenic and noniatrogenic causes. These antibodies also include antibodies against murine immunoglobulins that interfere with mouse monoclonal antibody-based two-site assays causing their false-positive outcome [20]. In a recent study, Steenholdt and colleagues [21] have shown that pre-existing anti-murine antibodies reacting with the Fab region of IFX are present in healthy controls as well as in IBD patients naive to IFX. High titers of these antibodies were associated with poorer efficacy and safety responses to IFX therapy. Moreover, patients who experienced infusion reactions had significantly higher levels of anti-murine antibodies in comparison with patients with long-term remission on IFX [21].

The latter might be the case of the patient in this study who unusually developed ATI after the first exposure to

IFX. This rapid immunization might result from sensitization of her immune system to murine antigens during bites and scratches and may be the underlying cause of this delayed hypersensitivity reaction occurring after IFX initialization (Fig. 1).

To the best of our knowledge, this is the first reported case of a patient who developed delayed hypersensitivity reaction after the first administration of IFX with a documented history of rearing mice. Considering the history of rearing of mice and hamsters, we hypothesize that the patient had developed anti-murine antibodies during contact with her rodent pets before the therapy administration and that these antibodies had cross-reacted with the murine part of IFX. Therefore, clinical questioning should include hamster/mouse exposure as a potential risk of immunogenicity. While considering the retreatment of patients with IFX who have had an infusion reaction, precaution should be taken to diminish the chance of infusion reaction, taking account of premedication, immunosuppressive comedication, and adjustment of the schedule and dosage of infusions.

Conclusion

Previous exposure to mice or hamsters might immunize and precondition the patient to delayed hypersensitivity reaction to IFX even after the first infusion administration.

Acknowledgements

Conflicts of interest

Zuzana Zelinkova has served as a consultant for Ferring and received speaker fees from Abbvie and MSD. For the remaining authors there are no conflicts of interest.

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